



**Parent  
Information  
Packet  
SPRING 2026**

# Contact Information

Our main form of contact about schedules for practices, games and events are through the

## GAMECHANGER APP

Please download the GameChanger App to stay in communication and up to date with the league.

Go to <https://gc.com/> to download the GameChanger App or scan the QR code below!



SCAN ME

Any questions you have you can email at  
[info@epccl.com](mailto:info@epccl.com)

Also check out our Facebook page  
East Providence Central Little League

# Calendar of Events

## Saturday, April 25th – Opening Day

Arrive at Pierce Field parking lot for 9:30am

Parade kicks off at 10am

Please wear team jersey!

Fun activities & Opening Game following the parade

## Wednesday, May 6th - EPCLL 5th Annual Spaghetti Dinner

Location – Brightridge Club – 59 Brightridge Ave, East Providence

Time – 5pm to 8pm

Tickets – Adults \$15; Children \$10

## Saturday, May 9th - Team Pictures

See Team Picture page for additional information

## Monday, May 25th - Memorial Day Parade

Arrive by 9:15am at former Oldham Elementary School,  
640 Bullocks Point Ave, Riverside; Please wear jerseys

## Saturday, June 13th – Annual Home Run Derby

Home Run Derby Tournament and Car Show

## Saturday, June 20th – Closing Ceremony

Arrive at 5:30

Awards & Fun Activities

July

All-Stars - TBD

# Baseball Equipment Needed:

**Baseball Glove:** A well-fitting glove appropriate to a child's size and age level.

**Batting Helmet:** A helmet that fits snugly and is approved by NOCSAE which is located on the helmet. (The Coach will have extras in their equipment bag, if needed.)

**Baseball Bat:** Bat must be USA Baseball approved. There is a stamp with the USA logo on the bat. (The Coach will have extras in their equipment bag, if needed.)

**Cleats:** Metal spikes CANNOT be worn

**Baseball Pants:** Wait until speaking with your Player's coach. That way the team can all look the same.

**Water Bottle:** Please bring your child a water bottle with his/her name on it.

# Softball Equipment Needed:

**Softball Glove:** A well-fitting glove appropriate to a child's size and age level.

**Softball Helmet:** A helmet that fits snugly and is approved by NOCSAE which is located on the helmet. (The Coach will have extras in their equipment bag, if needed.)

**Softball Fielding Mask:** Regardless of division, all girls require a facemask for when in the field.

**Softball Bat:** Bat must be USA Softball Certified. There is a stamp with the USA logo on the bat. (The Coach will have extras in their equipment bag, if needed.)

**Cleats:** Metal spikes CANNOT be worn

**Uniform Pants:** Wait until speaking with your Player's coach. That way the team can all look the same.

**Water Bottle:** Please bring your child a water bottle with his/her name on it.

# Picture Day

**Saturday, May 9th**

**Please arrive 15 minutes prior to your team time as we are on a tight schedule!**

**Players should be in full uniform and have their gear!**

## **Baseball Team Schedule**

**9:00am T-Ball – Pasquale Pizza & It Takes a Village**

**9:30am T-Ball – Coastal 1 Bank & Mega Disposal**

**10:00am T-Ball – Navigant Credit Union**

**10:30am Coach Pitch – Coogan Mr. EP & Chelo's**

**11:30am Minors – ATC & Empowered Movement**

**12:00pm Majors – A&E Plumbing & Cookies By Tom**

**12:30pm Jr/Sr – DaSilva Sluggers**

## **Softball Team Schedule**

**1:00pm Coach Pitch – Action Asphalt & ATS**

**1:30pm Minors – Fundamentals & Mateus Realty**

**2:00pm Minors – Feast and Fettle; & Majors – Elite Signs**

**2:30pm Jr/Sr – Café Alma**

**\*\*If you are unable to make your scheduled time, please email Beth Costa at [beth.costa@epcll.com](mailto:beth.costa@epcll.com) to coordinate\*\***

# **FIELD INFORMATION**

## **Rodericks Field**

**201 Mercer St, East Providence RI (Pierce Field)**

**Hosting: Junior Minors, Minors & Majors Baseball**

## **Amaral Field**

**201 Mercer St, East Providence RI (Pierce Field)**

**Hosting: Minors & Majors Softball**

## **Silver Spring Field**

**120 Silver Spring Ave, Riverside RI**

**Hosting: Tee Ball, Coach Pitch Softball, Coach Pitch Baseball**

## **Kent Park Field**

**1 Clyde Ave. East Providence RI**

**Hosting: Tee-Ball, Coach Pitch Softball & Coach Pitch Baseball**

## **Connors & Brown Field**

**Providence Ave, Riverside RI**

**Hosting: Minors & Majors Softball**

# FUNDRAISERS

East Providence Central Little League is a non-profit organization that relies solely on the generous support of EPCLL families. Your dedication and commitment to helping the league raise funds is greatly appreciated. All proceeds from EPCLL fundraisers go towards equipment, field maintenance, umpire fees, fun activities, and more!

This year, we will continue to use Venmo (@EPCLL) and the online ticket portal Zeffy to take responsibility for ticket sales off of the coaches as well as making our fundraisers more accessible to our little league families. Zeffy accepts payment options by credit/debit card or by checking account.

## EPCLL Lucky Draw Fundraiser

One lucky winner will receive \$500 worth of lottery tickets!

\$10 per ticket; \$20 for 5 tickets; \$100 for 35 tickets

Players will be selling tickets, and a flyer will be posted on our Facebook page with a link to purchase tickets.

Please share with family and friends!

Tickets available online through Venmo, Zeffy or by cash at Spaghetti Dinner

Ticket sales open April 1 and will close at the Spaghetti Dinner on May 6.

Drawing will take place at the Spaghetti Dinner.

You do not need to be present to win;

but you do need to reply to the win notification within 2 weeks.

The team that sells the MOST tickets will get a PIZZA PARTY!!!

## 5th Annual Spaghetti Dinner

Wednesday, May 6th 5pm-8pm

Enjoy Food, Friends and Raffles while supporting EPCLL

The player who sells the most tickets to the dinner will get free registration for Fall Ball!

Tickets available online through Venmo, Zeffy and at the door

Each team will be creating a themed basket to raffle off at the dinner.

Please keep your eyes out for more info on how you can help your team!

If you are interested in sponsoring or creating a raffle basket at this year's raffle, please reach out to Beth at [beth.costa@epcll.com](mailto:beth.costa@epcll.com)

## Calendar Raffle

\$10 per calendar

Amazing Prizes and Cash Giveaways!

Tickets for sale online in June (flyer will be posted closer to fundraiser start date)

The team who sells the most tickets will win a pizza party!

## Dine to Donate

Be on the lookout throughout the season for opportunities to dine at a local restaurant and have that amazing meal benefit the East Providence Central Little League and their fundraising efforts.

\*If you would like a hard copy of any of our fundraiser flyers to post at work (wink, wink!) or a PDF version emailed to you, please reach out to Beth at [beth.costa@epcll.com](mailto:beth.costa@epcll.com)

# Volunteering

Dear East Providence Central Little League Families and Extended Families,

As we begin another exciting season, we are incredibly grateful to be part of a growing and vibrant community centered around our young athletes. With that growth comes an increased need for support, and we are reaching out today to ask for your help.

## WE NEED YOUR HELP!

Our league has grown exponentially over the past years, and volunteers are essential to keeping everything running smoothly. East Providence Central Little League is entirely volunteer-driven- every game played, every field prepared, and every smiling child on the field is made possible by individuals who generously give their time. We ask that you seriously consider volunteering for one of the many positions available. We are currently in greatest need of:

### Assistant Coaches

Responsibilities may include assisting with practices and games, helping manage the dugout, and supporting basic field maintenance. This is a great way to stay actively involved in your child's experience and help build skills, confidence, and teamwork.

### Team Mom/Dad

These volunteers play a vital role in team organization. Tasks may include supporting the head coach by communicating schedules, team plans, and special events to families, managing team communication through the Game Changer application, organizing the team raffle basket for the Spaghetti Dinner, and helping coordinate other team-related activities.

### Concession Stand Volunteers

Our concession stand is a key part of the Little League experience and a major support for league operations. Tasks include taking orders, collecting payment, and preparing food. This is also a great opportunity for teens to fulfill community service hours (please note that at least one adult must always be present). Grandparents and extended family members are especially encouraged to participate; bring friends and make it a fun group effort!

### Photography Volunteers

Help us capture the moments that matter! Photography volunteers take photos during games, practices, and special events to create lasting memories for families and to showcase the success and spirit of our players. These photos may be shared with families and used to promote the league in the community. Whether you have professional experience or just enjoy taking pictures, your contribution helps tell the story of our season.

### Every Role Matters

No amount of time or contribution is too small. Whether you can commit regularly or help occasionally, your involvement makes a meaningful difference.

“Volunteering in Little League isn't just about helping a team—it's about shaping confidence, friendships, and lifelong memories.”

“The smiles on the kids' faces make every minute worth it. You don't have to be an expert, just willing to show up.”

Any questions you have or if you would like to volunteer, please email [jon.mcgowan@epccl.com](mailto:jon.mcgowan@epccl.com)

## **Player Code of Conduct**

I pledge to honor and support my team by adhering to the East Providence Central Little League's Player Code of Conduct as stated below:

- I will treat all players, coaches, umpires, parents, and spectators with dignity and respect, as I would like to be treated, using appropriate language in appropriate tones when interacting with them.
- I will seek to become the best athlete I can be by practicing appropriately, trying my hardest on the field, and concentrating on the play of the game. I will learn to take correction as a challenge to improve my baseball skills.
- I will win and lose graciously, demonstrating good sportsmanship throughout games and practices.
- I will be honest and take responsibility for my actions and results.
- I will play for the team, not myself.
- I will maintain a positive attitude and assist my teammates, giving encouragement and support in success and struggle.

### **Failure to comply:**

First offense: Coach will remove player from the event immediately.

Second offense: Coach will remove player from the event immediately and the player may be subject to a one game suspension.

Third offense: Coach will remove player from the event immediately and the player may be subject to serve a three game suspension.

Fourth offense: The player may be subject to removal from the League.

## **Parent Code of Conduct**

I pledge to honor and support the team and East Providence Central Little League by adhering to the East Providence Central Little League's Player Code of Conduct as stated below:

I will remember that the game is for the players and not for the adults.

I will be positive and supportive of each child's efforts, recognizing that each child is an individual and each possesses different skills and abilities.

I will remember that the development of baseball skills through practice and perseverance is more important than winning games.

I will encourage good sportsmanship by demonstrating positive support and behavior toward all players, coaches, officials and other parents/spectators at every game or practice.

I will come to the events drug and alcohol free and maintain that environment throughout the event.

I will treat coaches, umpires and league officials with courtesy and respect before, during and after games.

I will not undermine or question the coach's instructions, directions or decisions.

I will place the realistic skill development of my child above my own personal expectations.

I agree that I will support the emotional and physical well-being of all the participants on my child's team, ahead

of any personal desire to win games or any desire for personal glory. I will follow our organization's policy on social media.

### **Failure to comply:**

Any suspected violation of the above Code of Conduct should be reported to the East Providence Central Little League Board. Violations may result in game suspension or banishment from any Little League events, games, and/or all activities.

# **SPONSORSHIP**

If you wish to support East Providence Central Little League and contribute to youth activities for the next season, please contact our Sponsorship Coordinator by email at [Sponsorships@epccl.com](mailto:Sponsorships@epccl.com) for information on our different sponsorship tiers and how to become a league sponsor!

**PREMIER LEAGUE  
SPONSOR - \$4,500**

**GOLD  
SPONSOR - \$2,500**

**SILVER  
SPONSOR - \$1,000**

**COMMUNITY  
SPONSOR - \$50+**

**We thank you for your support of East Providence Central  
Little League!**

**Without your support we would not  
be able to do all that we do.**